

October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 11-4 Painting 3 HHF 4-8:30 Ceramics	4 11-4 Ceramics 1PM BUG MUSEUM~ 3 HHF 4 Card Games 6 MOVIE NIGHT	5 11-4 Ceramics 3 HHF 4 Scrabble	6 11-4 Ceramics 3 HHF 3 Farmer's Market 5 Wii	7 11-4 Ceramics 12 Jewelry Wkshp 3 HHF 5 LAZY DAY BING	8
9	10 11-4 Painting 3 HHF 4-8:30 Ceramics	11 9 ERNIE'S~ 11-4 Ceramics 3 HHF 4 Card Games 6 MOVIE NIGHT	12 11-4 Ceramics 3 HHF 4 Scrabble	13 11-4 Ceramics 3 HHF 5 Wii	14 11-4 Ceramics 3 HHF 5 Little Bingo	15
16	17 11-4 Painting 3 HHF 3:15 Adapted Bell Choir 4-8:30 Ceramics	18 11-4 Ceramics 11 Painting Gardens 3 HHF 4 Card Games 6 MOVIE NIGHT	19 11-4 Ceramics 3 HHF 4 Scrabble	20 11 FARMER'S PICK BUFFET 11-4 Ceramics 3 HHF 5 Wii	21 9:30 Matinee Movie 11-4 Ceramics 12 Jewelry Wkshp 3 HHF 5 LAZY DAY BING 6:30pm Dance at the ARC^	22
23	24 11-4 Painting 3 HHF 4-8:30 Ceramics	25 11-4 Ceramics 2PM SPOOKY CRISPIES 3 HHF 6 MOVIE NIGHT	26 11-4 Ceramics 3 HHF 4 Scrabble	27 9 WACKY WAFFLES 11-4 Ceramics 3 HHF 5 Wii	28 11-4 Ceramics 3 HHF 5 FALL HARVEST 5 Big Bingo	29
30	31 11-4 Painting 3 HHF 4-8:30 Ceramics		No MTM Oct. 10-14	*No transportation provided	*Trip Fee is \$3 per person plus a current Rec Card	~Walking trip

<p>HHF is a fitness group that meets at 3 pm M-F. Different types of activities will be offered. Tuesdays and Thursdays will be Pokemon Go.</p> <p>Movie Nights are every Tuesday night at 6 pm. Popcorn will be provided.</p> <p>A walking trip is scheduled on Oct. 4 to go see the bug museum at MU. We plan to leave at 1 pm.</p>	<p>A Jewelry Workshop will be on Oct. 7 & 21 at 12 pm the supplies will be available</p> <p>Walk with us to Ernie's Cafe on Oct. 11 at 9 am for breakfast.</p> <p>Farmer's Pick Buffet will be on Oct. 20 at 11 am. Trip fee is \$3 with a current Rec. Card.</p> <p>The dance will be on Oct. 21 at 6:30 pm, fee is \$5 at the door.</p>	<p>Spooky Crispies will be on Oct. 25 at 2 pm. Learn how to make a simple Halloween treat. Supplies will be provided.</p> <p>The Halloween Harvest is October 28. If you would like to help out, please contact the Adapted Community Recreation office. There will be food, candy, bingo, and more!</p>
--	--	---

Craft Room Hours

About Us

Monday	11am-8:30pm	<p>Recreation 'N' the Tower is also known as the Adapted Community Recreation Program, and is here to provide fun and fitness opportunities to the community, with a focus on, but not exclusive to, individuals with disabilities. Activities include Nintendo Wii, Bingo, a variety of card and board games, driving and walking trips, arts and crafts, and much more!</p>
Tuesday	11am-4pm	
Wednesday	11am-4pm	
Thursday	11am-4pm	
Friday	11am-4pm	

Staff

Thank You

<p>Sarah Bowman "Recreation Specialist"</p> <p>Alex Wenzel "Activity Assistant"</p> <p>Deb Swanegan "Art Instructor"</p> <p>Anna Shirley "Activity Assistant"</p>	<p>We would like to thank our friends and partners... Boone County Family Resources, local schools, New Horizons, CHA, and MU.</p>
---	--